

**xyng™**  
FUEL FOR LIFE



XYNG IS A PROPRIETARY BLEND of naturally sourced ingredients designed to help you achieve weight loss and feel incredible while you do it. The powerful ingredients contained in a small capsule are revolutionized to be your Fuel for Life.

### What does Xyng do?

Xyng is uniquely formulated to give you that added boost to your mind and your body to sustain you throughout the day. The exceptional benefits of Xyng may include:

- Increased energy
- Enhanced thyroid function
- Mood enhancement
- Improved focus
- Ramped up metabolism
- Appetite suppression

The result is a natural energy derived from herbal ingredients, vitamins, and minerals that can help control your appetite, increase your energy and create a euphoric feeling of excitement and positive mental energy.

### Supplement Facts

Serving Size: 2 capsules  
Servings Per Container: 30

	Amount Per Serving	% Daily Value*
Niacin	25 mg	125%*

**International-PVG:** 675 mg \*\*  
(Caffeine Anhydrous, White Willow bark extract (standardized for salicin), 5-HTP (from Griffonia simplicifolia seed extract), Undaria pinnatifida extract (whole plant) (10% fucoxanthin), Garia gambia extract (50% hydroxytyrosic acid), Rhodiola root extract (3% rosavins), Panax ginseng root, Maca powder, Green tea (95% polyphenols), Black tea (98% polyphenols), Cayenne pepper (40,000 heat units), Synephrine HCl, Yohimbe (standardized to 99% yohimbine HCl), Bioperine)

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily value not established.

Other Ingredients: gelatin, magnesium stearate, silica

Directions: As a dietary supplement, take 1-2 capsules in the morning on an empty stomach. If well tolerated, additional capsules may be added in the afternoon between meals. Do not exceed 4 capsules in a 24 hour period. Drink plenty of water throughout the day to ensure adequate hydration. Do not take too late in the day as sleep may be impaired.

Warning: Not intended for use by persons 17 years or younger without the supervision of a health professional and parent/guardian. Not for use by persons who are pregnant/nursing, suffering from drug addiction, sensitive to stimulants, suffer from high blood pressure, heart disease, difficulty urinating, psychiatric condition, depression, recurrent headaches, a medical condition or any person taking MAO inhibitors, anti-depressant medication or has a heart condition. Do not take with cold medicine/ drugs containing Pseudoephedrine, Ephedrine, PPA or caffeine-containing products. Consumption contrary to warning may cause adverse health effects. If unpleasant effects occur, discontinue use.

**SkinnyCafé.net**

Manufactured exclusively for Xyngular® | P.O. Box 783, American Fork, UT 84003  
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# Xyng: Fuel for Life

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## Key Ingredients

**CAFFEINE ANHYDROUS:** Caffeine is recognized around the world for its ability to enhance alertness and brain function. Therefore its role in fat loss is assumed to be due mainly to its ability to increase calorie burn.\* Caffeine also contributes to fat loss by helping release more fat from your fat cells and reduce fat storage.\* Caffeine is now credited with providing a multitude of health benefits, such as supporting cognitive function.\*

**5-HTP:** 5-HTP, or 5-hydroxytryptophan, is a compound that gets converted to serotonin in the brain. Serotonin is one of the principal neurotransmitters involved in happiness and anti-depression. 5-HTP has been used with success to restore serotonin levels in those that are depressed or have high levels of body inflammation. It has also been shown to be an effective appetite suppressant, with noticeable reductions in food intake shown with use of 5-HTP.

**GARCINIA CAMBOGIA:** the active ingredient in Garcinia Cambogia, is Hydroxycitric Acid (HCA). HCA has been shown to increase serotonin levels to support a positive mood. Research suggests that HCA is effective at improving weight-loss. Recent studies suggest that HCA may encourage the body to burn fat for fuel as opposed to carbohydrates and improve athletic performance by increasing exercise endurance.

**GREEN TEA:** Green tea (*Camellia sinensis*) contains compounds called catechins, including epigallocatechin gallate (EGCG), the main catechin responsible for green tea's thermogenic effects. EGCG inhibits an enzyme that normally breaks down norepinephrine, the neurotransmitter involved in regulating metabolic rate and fat-burning. By inhibiting this enzyme, you maintain higher levels of norepinephrine, which encourages greater calorie and fat burn.\* In addition to aiding fat loss, green tea has been suggested to have a laundry list of benefits. These include health and performance benefits, which include promoting muscle and joint health.\* While drinking green tea has become more popular lately, supplementing with green tea extract is far more beneficial. Research confirms that the catechins in green tea, such as EGCG, are absorbed better in supplement form than in tea form.

**CAYENNE PEPPER:** Capsaicin is the major pungent substance in red hot peppers, such as cayenne chili peppers. It works to ramp up metabolic activity, which increases the amount of calories and fat your body burns. Capsaicin also reduces hunger and food intake so that you consume fewer calories while burning more.\* Research suggests that supplementing with capsaicin may help with fat loss over time.\* One problem with consuming hot red pepper extract is that it is extremely spicy. Many people cannot tolerate the "heat" from hot peppers, which irritates the mouth and gastrointestinal tract. Capsimax® uses technology to avoid the irritation but deliver the benefits of capsaicin. Capsimax® is a patented form of pepper extract that delivers 300,000 Scoville Heat Units (SHU). It uses the OmniBead™ beadlet technology to encapsulate the pepper extract. The coating is designed to withstand the highly acidic, low pH levels of the stomach then release the capsaicin in the higher pH environment of the intestines.

**SYNEPHRINE:** Synephrine is the active ingredient in the plant *Citrus aurantium*, also known as bitter orange. It stimulates specific receptors that support the release of fat from fat cells, and it promotes the metabolic rate while supporting appetite control.\* Several studies confirm that synephrine is both effective for fat loss and is very safe.\*

**YOHIMBE:** Yohimbe, and its subset yohimbine, are fat-burning compounds, primarily used to lose fat during short term fasting. Yohimbine is also an aphrodisiac and can aid erectile dysfunction. It is also a general stimulant. Yohimbine works by increasing adrenaline levels in the body, as well as inhibiting a regulatory process in fat cells, which normally suppresses fat burning. The effects of yohimbine are partially negated by food intake, which is why it is often taken in a fasted state.

*Add a little Xyng to your day!*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more information about Xyng, please visit: [www.SkinnyCafe.net](http://www.SkinnyCafe.net)